

# EYE ON SAFETY

January 2024 Recap



All Safety Field Reporting Information must be submitted to Sue at the end of the month for consideration in the newsletter



MONTHLY SAFETY STATEMENT: "SAFETY ISN'T EXPENSIVE, IT'S PRICELESS." (AUTHOR UNKNOWN)

Safety article of the month



### 5 Best Practices for Preventing Falls

- 1. Conduct Regular Risk Assessments** – assess potential workplace hazards and address them.
- 2. Provide the Right Equipment That Meets Safety Standards** - harnesses should match the risks of the task and properly fit the weight/build of the worker
- 3. Conduct Regular Training for Workers** – ensure workers are current with safety measures, and address any deficiencies that may expose them to danger
- 4. Maintain a Clean and Orderly Jobsite** – remove debris, piles of dirt, or hazards that cause falls, slips, and trips or obstruct pathways
- 5. Recognize Safety Compliance** – regularly acknowledge worker accomplishments and make them aware the company values their safety

### SAFETY STATS

- 253 days w/o any Recordable Injury/Accident
- 1779 days without Lost Time Injury/Accident
  - (631 Previous Record)



- Project: **NBK Shelton Shafts** (01.19.24, 01.26.24)  
Superintendent: **John Hicks** (2)
- Project: **Bridgepoint I-5** (01.05.24, 01.12.24, 01.19.24)  
Superintendent: **Greg Matson** (3)
- Project: **Yard** (01.08.24, 01.16.24)  
Superintendent: **Joe Pierce** (2)

JOB SITES W/GREAT TOOL BOX TALKS

### UPCOMING TRAINING CLASSES & EVENTS

- LOCAL 302 – BOTHELL/TAC.**  
**40 HR. Hazmat:** 4/15-19/24, over Zoom (8-4pm)  
**8HR Hazmat Refresher:** 3/11-12/24 over Zoom (5-9pm) 2 Nights & 3/24/24 over Zoom (7am-3:30pm)  
**OSHA 10:** 3/18-20/24 (3 Nights) over Zoom (5pm-8:30pm)  
**OSHA 30:** 3/4-8/24 (5 Days) over Zoom (8am-3pm)  
**First Aid/CPR:** 3/21/24 over Zoom (5-9pm), HANDS ON CPR Practical; (8am-12pm) \*Schedule time to test
- LOCAL 242 – KINGSTON**  
**40 Hr. Hazardous Waste Worker:** 2/26-3/31/24, or 3/25-29/24  
**Hoisting & Rigging - Basic 40:** 3/4-8/24



### MONTHLY SAFETY AWARDS



JOHN HICKS      DREW KYLLONEN      MAC JONES      JAMES GONZALEZ      LIAM O'MALLEY

### OUR CREW - SAFETY PRACTICED DAILY



MAC JONES, JACK THOMPSON, DREW KYLLONEN, KYLE LINDSAY, TIM COMSTOCK & ADAM HANSON

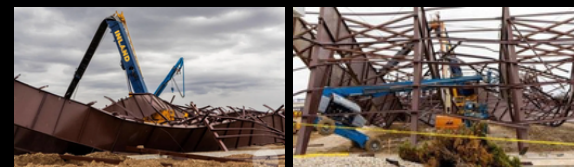
### WEEKLY SAFETY AWARD RECIPIENTS:

- NBK Shelton Shafts:** John Hicks, Drew Kyllonen  
**Bridgepoint I-5:** Mac Jones  
**Yard:** James Gonzalez, Liam O'Malley

### PRE-TASK PLAN - BEST OF THE BEST

- NBK Shelton Shafts:** John Hicks (4)  
**Fred 310:** Jack Thompson  
**Bridgepoint I-5:** Ronnie Hansen (2), Brandon Patrick, Mac Jones  
**Graham LF Ph3:** Rudy Ortega  
**WWU Humanities:** Rudy Ortega (2)  
**Yard:** Joe Pierce

### NEAR MISS/SAFETY STAND DOWN



**CRANE ACCIDENT – BOISE, ID JACKSON JET CENTER HANGAR/INLAND CRANE**  
Wreckage of the future Jackson Jet Center hangar shows building collapse with twisted girders with a crane in the center and aerial man-lifts on the edge. Three were killed in the accident, and nine others hospitalized when the frame collapsed. Although OSHA is still investigating the incident and the root cause, it is important to recognize the importance of weather and working platform impacts on crane activities. Always evaluate operations when wind gusts reach 20 mph, and ensure good ground conditions (avoid poor foundations, soft soil), and verify standard lift plan shows load weight doesn't exceed 75% of crane's net capacity (considering boom length, angle, and load radius).

### JOB SITE SAFETY INSPECTIONS



- Project: **NBK Shelton Shafts** (01.24.24)  
Superintendent/Foreman: **John Hicks**
- Project: **Fred 310** (01.02.24)  
Superintendent/Foreman: **Chris Wahl**
- Project: **Bridge Point I-5 Wall** (01.05.24, 01.12.24)  
Superintendent/Foreman: **Brandon Patrick, Ronnie Hansen**

### PROJECTS W/O RECORDABLE INJURY



646-22 – Fred 310 70th Ave. Wall  
5078-24 – Graham LF EWO